

**SHAHEED MAJOR HARMINDERPAL SINGH (SHAURYA CHAKRA)
GOVERNMENT COLLEGE, SAHIBZADA AJIT SINGH NAGAR**

DEPARTMENT OF PSYCHOLOGY

UNITIZATION PLAN

B.A. PART-I

GENERAL PSYCHOLOGY-A

AUGUST: Introduction to Psychology; Approaches: Biological, Psychodynamic, Behaviourist, Cognitive, Humanistic and Evolutionary, Nature and Scope; Cross cultural Perspective. Methods of Psychology: Observation, Case Study, Experimental Method, Survey.

SEPTEMBER: Learning: Nature, Determinants. Theories- Trial and Error, Gestalt approach.

OCTOBER: Personality: Nature, Biological and Socio-Cultural Factors, Theories-Freud, Allport, Cattell, Eysenck; Assessment of Personality.

NOVEMBER: Statistics: Measures of Central Tendency (Arithmetic Mean, Median, Mode) and Variability (Range, Average Deviation, Quartile Deviation, Standard Deviation). Graphical Representation of Data: Histogram, frequency polygon and ogive.

GENERAL PSYCHOLOGY-B

JANUARY: Biological foundations of Behaviour: Nervous System: Central Nervous System and Peripheral Nervous System. Structure and Functions of Brain. The Endocrine System and its Functions.

FEBRUARY: Intelligence: Nature, Genetic and Environmental influences; Types of Intelligence Tests- Verbal, Non-Verbal, Performance; Cross cultural issues in testing.

MARCH: Motivation: Concept, Types of Motives; Intrinsic-Extrinsic framework; Conflict and Frustration. Theories: Murray, Maslow, McClelland.

APRIL: Emotions: Concept, Development, Expression and Control
Theories-James-Lange, Cannon-Bard, Activation; Effect of Culture on Emotions :
Physiological Correlates.

SEM-I PRACTICAL

AUGUST: Personality Inventory (EPI)

SEPTEMBER: Public Opinion Survey

OCTOBER: Sentence Completion Test

NOVEMBER: Transfer of learning, Maze Learning

SEM-II PRACTICAL

JANUARY: Non-Verbal Test of Intelligence

FEBURARY: Performance Test of Intelligence

MARCH: Facial Expressions in Emotions

APRIL: Measurement of Motivation, Level of Aspiration.

B.A. PART-II

EXPERIMENTAL PSYCHOLOGY – I

AUGUST: Experimental Psychology: Nature, Types of Variables and Control of Extraneous Variables.

SEPTEMBER: Memory: Information Processing, Levels of Processing, Measures of Memory; Mnemonics Constructive memory. Forgetting: Causes of Forgetting: Decay, Interference, Retrieval failure, Motivated forgetting and Amnesia.

OCTOBER: Learning: Classical Conditioning, Instrumental Conditioning. Types and schedules of Reinforcement.

NOVEMBER: Statistics: Properties of Normal Probability Curve and its applications, Degrees of Freedom, Levels of Significance. Chi Square -Application to One Way and Two Way Classification.

EXPERIMENTAL PSYCHOLOGY – II

JANUARY: Psychophysics: Absolute and differential limens, Weber's Law; Method of Limits, Method of Constant Stimuli, Method of Average Error.

FEBRUARY: Sensations: Types of Sensation; Visual Sensation: Structure and Function of the Eye. Auditory Sensation: Structure and Function of Ear. Cutaneous Sensation; Olfactory Sensation and Gustatory Sensation.

MARCH: Attention: Nature, Determinants, Selective Attention and Span of Attention.

APRIL: Perception: Nature, Laws and Determinants. Perception of Form and Depth. Cognition : Thinking process, Concepts, Categories and Prototypes; Problem Solving Approaches.

PSYCHOLOGY HONOURS

SOCIAL PSYCHOLOGY-I

AUGUST: Introduction: Nature and Scope, Research Methods in Social Psychology.

SEPTEMBER: Social Perception and Cognition : Concept, Attribution; Consistency between Attitude and Behaviour. Formation of Attitudes, Attitude Change. Measurement of Attitudes, Attitude Behaviour Link.

OCTOBER: Group: Nature, Structure and Functioning, Social Facilitation/Social Loafing.

NOVEMBER: Leadership: Concept and Functions of Leaders. Theories of Leadership (Trait, Behavioural, Fiedler's Contingency).

SOCIAL PSYCHOLOGY-II

JANUARY: Prejudice and Discrimination: Nature and components of Prejudice;
Acquisition of Prejudice; Reduction of Prejudice.

FEBRUARY: Prosocial Behaviour: Co-operation and helping; Personal, Situational and
Socio-cultural determinants; Bystander effect.

MARCH: Aggression: Theoretical perspectives; Trait, Situational and Social
learning approaches; Social and personal determinants of Aggression.

APRIL: Environmental Issues: Noise pollution and Atmospheric condition;
Design, Personal space and Territoriality; Density and Crowding;
Behaviour in response to environmental problems.

SEM-III PRACTICAL

AUGUST: Effect of reinforcement in learning task, Paired Associate Learning

SEPTEMBER: Paired Associate Learning

OCTOBER: Comparing Recall and Recognition as Measures of Memory

NOVEMBER: Retroactive Inhibition, Zeigarnik Effect

SEM-IV PRACTICAL

JANUARY: Division of Attention

FEBURARY: Two-Point Threshold

MARCH: Muller Lyer Illusion

APRIL: Differential Limen, Effect of Mental Set on Perception

B.A. PART-III

PSYCHOPATHOLOGY- A

AUGUST: Introduction to Psychopathology: The concept of normality and abnormality; Psychological models of Psychopathology: Psychodynamic, Behavioural, Cognitive-Behavioural and Existential; Classification System: DSM (Recent version).

SEPTEMBER: Causes of Psychopathology: Biological, Psycho-social and Socio-cultural causes.

OCTOBER: Stress: Causes, Selyes (GAS); PTSD Anxiety-Based Disorders, Conversion Disorders, Dissociative Disorders: Their symptoms and Etiology.

NOVEMBER: Correlation: Nature and Characteristic, Types (Rank Order and Product Moment). t-test (independent and related groups).

PSYCHOPATHOLOGY- B

JANUARY: Psychosomatic Disorders: Ulcers, Hypertension, Asthma. Their Etiology and Treatment.

FEBRUARY: Schizophrenia: Types, Symptoms and Etiology. Mood Disorders: Types, Symptoms and Etiology.

MARCH: Drug Abuse: Causes and Types, Alcohol, Opium, Amphetamines.

APRIL: Psychotherapies: Psychodynamic, Behavioural, Cognitive-behavioural, Humanistic, Mindfulness and Yoga.

PSYCHOLOGY HONOURS

DEVELOPMENTAL PSYCHOLOGY

AUGUST: Concept, Principles and Issues in Development, Factors affecting Development (Biological, Psychological and Social); Principles of Heredity.

SEPTEMBER: Prenatal Period and Infancy: Stages and Hazards. Characteristics of Infancy (Physical, Perceptual and Emotional).

OCTOBER: Babyhood and Childhood. Babyhood-Characteristics, Physical Development, Language Development, Emotional Development, Social Development. Childhood: Characteristics-Physical Development, Emotional Development, Cognitive Development, Social Development, Moral Development.

NOVEMBER: Adolescence: Characteristics, Physical Development, Emotional Patterns, Cognitive, Social and Moral Development.

GUIDANCE AND COUNSELLING (Option I)

JANUARY: Guidance and Counselling: Historical Antecedents, Concept, Goals.
Counselling in the Indian Context.

FEBRUARY: Techniques for Appraisal of Students : Testing-Intelligence, Achievement, Interest, Aptitude, Adjustment, Personality.

MARCH: Approaches to Counselling : Directive, non-Directive, Eclectic.

APRIL: Areas of Counselling: School, Vocational, Marital and Family Counselling.

SEM-V PRACTICAL

AUGUST: Interest Inventory

SEPTEMBER: T.A.T.

OCTOBER: Depression Inventory

NOVEMBER: Locus of Control, Memory Scale

SEM-VI PRACTICAL

JANUARY: Adjustment Inventory.

FEBURARY: Interview Schedule/Case Study.

MARCH: Word Association Test.

APRIL: Stress/Clinical Analysis Questionnaire (CAQ) , Test of Anxiety.

