



ਸ਼ਹੀਦ ਮੇਜਰ ਹਰਮਿੰਦਰਪਾਲ ਸਿੰਘ (ਸ਼ੋ.ਚੋ.ਵਿ.) ਸਰਕਾਰੀ ਕਾਲਜ, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ।  
SHAHEED MAJOR HARMINDERPAL SINGH (S.C.V.) GOVERNMENT COLLEGE, SAHIBZADA AJIT SINGH NAGAR  
Phase-6, Sahibzada Ajit Singh Nagar-160055 Phone No. 0172-2225164 e-mail ID: [principal.gcmohali@gmail.com](mailto:principal.gcmohali@gmail.com)



**YEARLY STATUS REPORT – PART B**  
**CRITERION VII: INSTITUTIONAL VALUES AND BEST PRACTICES**

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## Annual Gender Sensitization Action Plan (2022-2023)

### Context

Gender sensitization is an important issue in educational institutions, and our college plays a critical role in promoting gender equality and awareness. Our college takes various actions to foster a more inclusive and supportive environment for all students and staff.

The Institute strives to develop young graduates, who's possess fundamental, artistic and scientific skills to serve society, industry, and meet global challenges. Attracting and retaining top talent is crucial to our vision of imparting education in areas like science, commerce and arts, while training, upgrading skills, and engaging in research to explore futuristic technologies and niche areas. Empowering staff at all levels will better enable us to create innovative and entrepreneurial professionals. The college values diversity among its workforce and is committed to providing an inclusive workplace culture that recognizes and supports gender equality. Our college sets a remarkable example of women empowerment and their representation in senior academic ranks. Moreover, creating inclusive workplace cultures, where all employees feel valued and included, lead to a more engaged, motivated, and productive workforce. Furthermore, diverse and inclusive teams tend to be more innovative, with a broader range of experiences and perspectives that can result in creative solutions. A workforce that reflects the diversity of the student population can better understand and anticipate their needs. Promoting gender equity is crucial to our college's academic and beyond academics performance and productivity, and we pledge to provide an equitable and inclusive environment that ensures overall growth for all members, with particular emphasis on minority genders. The inclusion of gender equity promotion aligns with the government's efforts towards empowering and uplifting women, both in regards to our staff and students.

India's G20 initiative is focused on promoting gender equality and women's economic empowerment among partner countries. The government is committed to promoting gender equality through various initiatives and policies, aimed at enhancing women's participation in the workforce and supporting women-led development. Additionally, there are several organizations and alliances, such as the G20 EMPOWER group, that are working towards accelerating women's leadership and empowerment in various sectors. The importance of women's empowerment and gender equality is enshrined in the Indian Constitution, and the



government continues to prioritize these aspects to promote a more inclusive and equitable society. Our college is taking substantial steps in order to achieve the global G20 objectives.

### **Objectives**

As per the suggestions of the Principal Mam, following are the 23 key objectives decided to ensure gender sensitization in the college campus, bearing in mind the G20 initiatives, for the session 2022-2023:

1. To educate students about gender equality.
2. To introduce new students to campus life and values during the Orientation Programme.
3. To ensure equal involvement of boys as well as girls in chalking out different activities, and events.
4. To ensure equal participation of boys as well as girls in various intra-college, inter-college, state-level and national-level competitions.
5. To educate and sensitizing students about gender-based issues such as sexual harassment, consent and gender-based violence.
6. To promote gender inclusivity and create a safer and healthier environment for all students.
7. To provide resources and support services for those who have experienced gender-based violence or harassment.
8. To identify areas for improvement in gender practices undertaken in college to maintain gender equity.
9. To organise lectures, events, seminars, workshops and different activities to educate students about gender equality and gender equity.
10. To critically address any gender-based discrimination or harassment case (if occurred) in college and take the requisite actions.
11. To undertake practices which recognize and respect the rights and needs of third-gender individuals.
12. To foster discussions about gender and creating avenues for students to feel comfortable sharing their experiences.
13. To ensure that curricula are gender-inclusive and represent all gender identities.
14. To establish channel for students to raise concerns they have faced due to discrimination or marginalization based on their gender identity.
15. To conduct regular assessments of gender sensitization initiatives and engaging a committee of students, faculty, and staff to monitor progress and suggest further actions.
16. To create a welcoming and supportive environment for LGBTQ+ students.
17. To hold regular meetings of the Anti-ragging, and Student Grievances Redressal Committees to monitor and evaluate gender equality on a regular basis.
18. To incorporate gender studies into the curriculum and leveraging extracurricular activities to challenge gender stereotypes.
19. To increase awareness among women about societal issues that affect them and impact their career choices.



20. To ensure that our admission processes address the gender imbalance.
21. To ensure that our environment is gender-inclusive and minority gender students are supported and encouraged.
22. To influence students' perception of industries and subject areas with high gender imbalances.
23. To encourage the use of gender-inclusive language on campus to help create a more inclusive environment. For example, using "they/them" pronouns instead of "he/she" can be more inclusive.

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(Counselling Session for Students by Counselling and Career Guidance Cell)



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## **Activities that inculcate values necessary to render students in to responsible citizens**

### **Introduction**

The G20 initiative recognizes the importance of preparing youth for an inclusive and sustainable world, and college activities play a crucial role in achieving this goal. College organises different activities to help students develop a sense of responsibility towards their communities and promote civic engagement. Sustainability initiatives raise awareness about environmental issues and promote sustainable practices among students. Interdisciplinary learning opportunities help students develop a well-rounded perspective on social and environmental issues and promote critical thinking and problem-solving skills. By participating in these activities, students gain practical experience in applying the values and principles of responsible citizenship in their daily lives, enabling them to be better prepared to contribute to a sustainable and inclusive society.

### **Activities' Digest**

13<sup>th</sup> National Voters' Day was celebrated on 25-01-2023 in the college with Mrs. Aashika Jain, IAS, presiding over as the chief guest. She led the electoral pledge and students participated in different competitions. One of the primary ways in which college sensitizes its students is through classroom instruction. Professors from various disciplines incorporate discussions, assignments, paper reading on topics that relate to constitutional obligations and values. On 24-02-2023, Department of Commerce and Department of Economics mutually conducted a paper-presentation contest on the theme 'Union Budget 2023-24'. The participants and the winners were felicitated. In continuation of different activities and events being organised to celebrate Global Money Week 2023, a lecture was organised by the college's Commerce and Economics Department in which Ms. Meenal Gala, Trainer, Bombay Stock Exchange informed students about investment tactics, making informed decisions while investing and a lot about share market, mutual funds and cryptocurrency. A lecture-cum-interactive session was delivered by Senior Advocate Rupinder Pal Kaur, Member DSLA and Sexual Harassment Committee, Chandigarh on 09-05-2023 to familiarise students and faculty about Intellectual Property Rights. Students have young and creative minds and they were advised to get their designs or creativity copyrighted but were also sensitized about piracy, infringements, violations, punishable offenses, how can one file civil suits against infringements and the fact that harmful objects cannot be patented. Smt. Gurvinder Kaur, Joint Director, Bureau of Indian Standards (BIS), Chandigarh conducted a lecture on 11-05-2023 educating students how they can check the authenticity of the products purchased viz. electronic appliances, packaged food and drinks, gold jewellery, etc. and can also complain BIS about any discrepancy. The students were encouraged to download BISCARE app from play store and also advice their near and dears to do the same. 'Shelter for the Homeless' visit was made by NSS unit members on 03-

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06-23 and they donated clothes, utensils, footwear and other household items brought by the staff and students for the needy people.

**Photographs**



(Lecture on Intellectual Property Rights)



(Regular meetings are conducted to ponder over different activities which can be conducted to sensitize students and employees towards Constitutional obligations)

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(13<sup>th</sup> National Voters Day celebration)

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(The college has initiated a program called “Imaandari di Dukan” which allows students in need to purchase pens and copies for their studies for only Rs. 10, by using the box located on the college premises. This program was inaugurated by Class 4 staff, in the presence of Principal Mrs. Harjeet Gujral, DSP Chandigarh S. Jaswinder Singh, and college students to honor and promote Sri Guru Nanak Dev Ji's concept of “Kirat”)



(Educating students to get their as well as their family members, relatives and acquaintances' Aadhar cards linked with their respective Voter cards)

*Harjeet Gujral*  
**Principal,**  
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(Global Money Week Celebration)



(Workshop for Preparation of IAS and other Civil Services Exams and info about Lateral Entry into Civil Services for students and faculty)



(Paper Presentation on Union Budget)



(Road Safety Awareness through Activities)

*H. P. Singh*  
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(Y20 Quiz)



(On 14-01-2023, the Chandigarh traffic police organized a road safety awareness week event at SMHS Government College Mohali, during which DSP Chandigarh, S. Jaswinder Singh gave a lecture on road safety and highlighted the importance of taking precautions while riding vehicles to raise awareness among students)



(NSS visit to Shelter for the Homeless, Near Dara Studio, Phase 6, Mohali; faculty and students donated clothes, footwear, utensils and other items of daily usage.

*Handwritten signature*  
**Principal,**  
**SMHPSSCV, Govt. College,**  
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Our college places significant emphasis on promoting awareness of constitutional rights and fostering a sense of responsibility in our student body. Towards this end, we undertake various activities to equip our students with the knowledge and skills necessary to become responsible citizens. Moreover, we remain cognizant of the global G20 initiatives and India's presidency in G20 for the year 2023 while organizing these activities and events.

Through our emphasis on constitutional rights, we aim to help students recognize their rights and responsibilities as citizens, and to help them understand the mechanisms through which democracy functions in our society. We believe that this understanding is essential to developing a sense of civic responsibility among students, who will represent the future of our society.

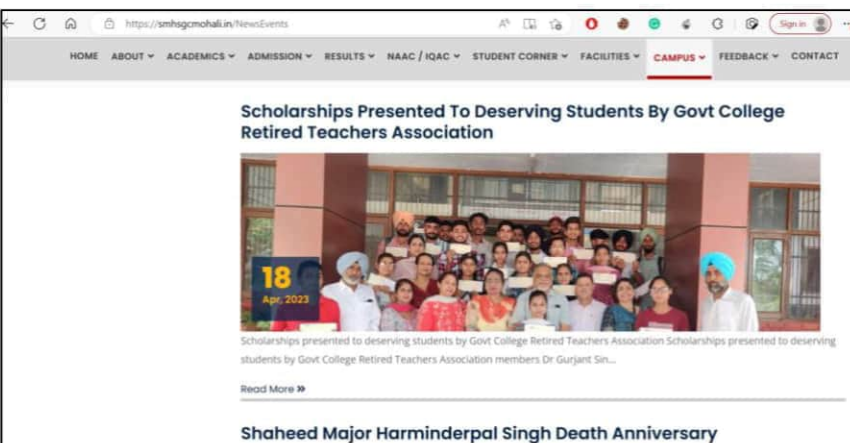
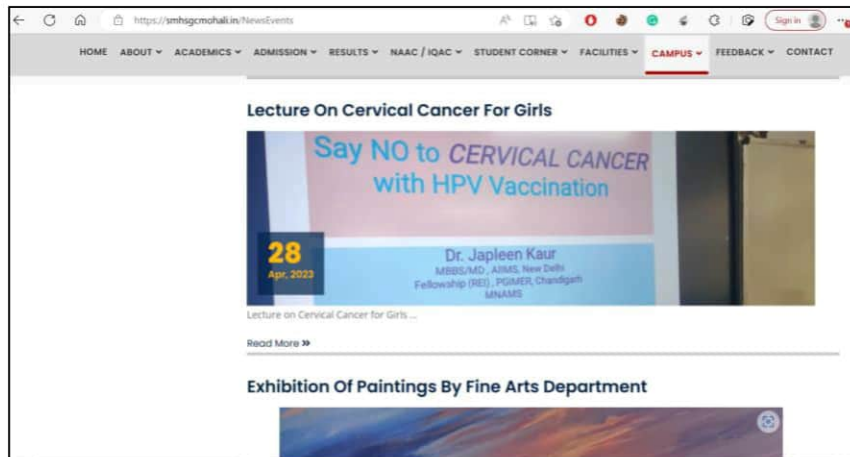
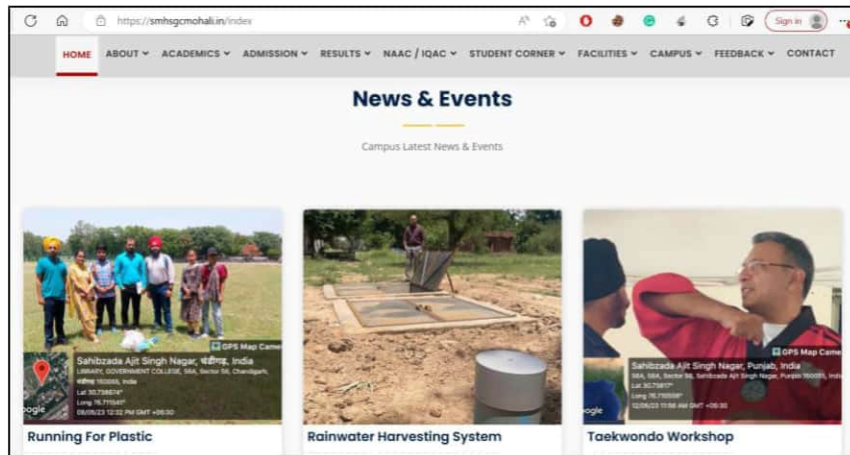
We strive to offer a variety of activities and events that provide students with opportunities to engage with pressing issues that are relevant to our society, such as community service projects, sustainability initiatives, and interdisciplinary learning opportunities. By participating in these activities, students develop a well-rounded perspective on social and environmental issues, which will enable them to make more informed decisions and contribute positively to society.

The college ensures the following practices:

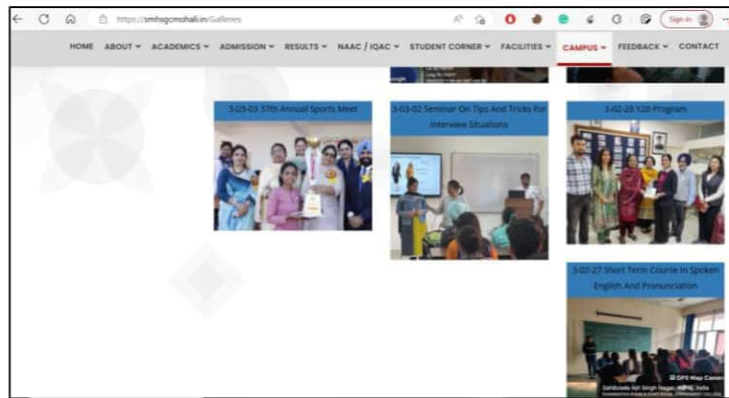
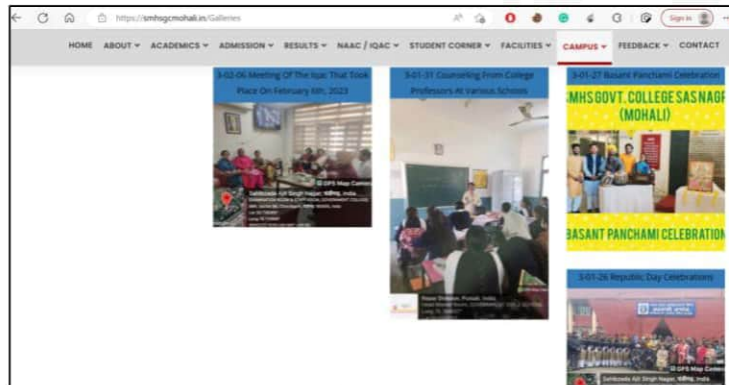
- Foster a culture of civic engagement by encouraging students to get enrolled as voters, to participate in local and national elections, to stay informed about political issues, and to advocate for causes they believe in.
- Incorporate discussions on moral and ethical issues that shape the society, we live in. These discussions can cover a wide range of topics, including politics, religion, social justice, and environmental sustainability. By having these conversations, students can learn to engage in critical thinking and develop their own perspectives on these issues.
- Organise classroom activities that focus on the social, political, and economic issues that are relevant to the community and the country as a whole.
- Provide opportunities for students to develop critical thinking, problem-solving, and leadership skills, which are essential for becoming responsible citizens.
- Foster a culture of inclusivity and respect for all cultures and religions, so that students feel welcomed and valued regardless of their socio-economic background.
- Promote environmental sustainability and awareness of the impact that humans have on the planet, as conscientious citizens go beyond just caring for people but also focus on the world, we live in.



## Best Practices in the Institutional Website



May 19, 2023  
 Principal,  
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**Slide Show of College's Best Practices & Distinctiveness**



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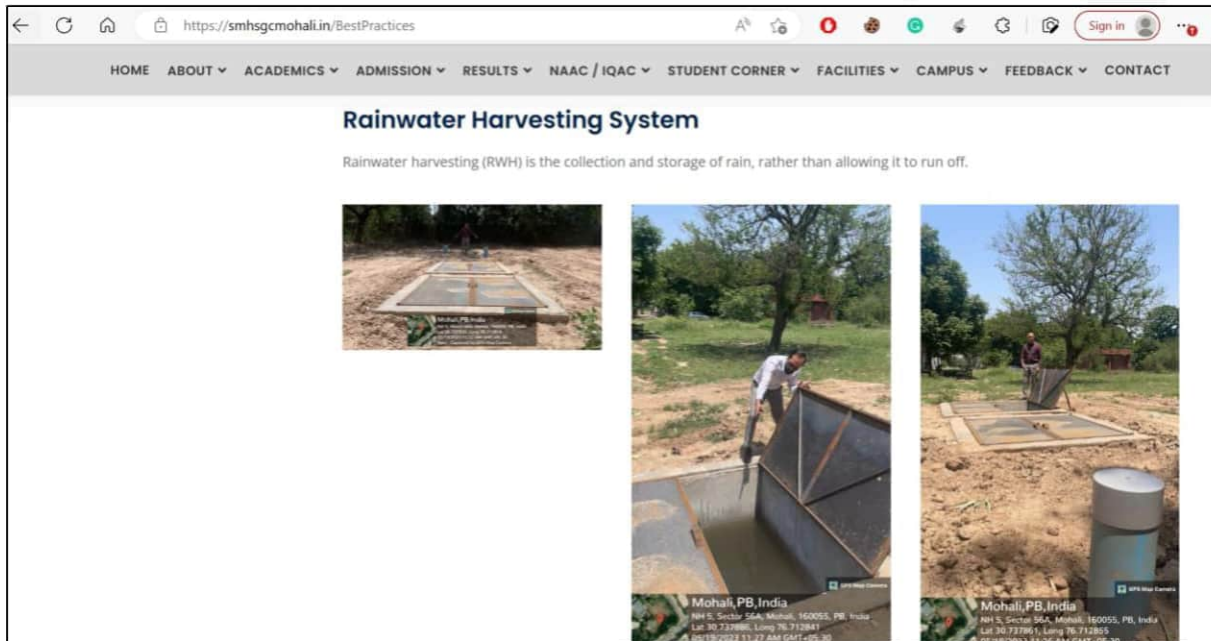
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### **Best Practice No. 1**

**Title:** Constructing Rainwater Harvesting System

**Objective:** The objective of setting up a rainwater harvesting system is to collect and store rainwater for later use, rather than allowing it to runoff.

**The Context:** Our college is Punjab's first government college to start a rain-water harvesting system under the aegis of the Soil and Conservation Department, Punjab. Conservation and Management of Soil and Water Resources in Collaboration with Stakeholders for Sustainable Development is the mission statement of the department and our college has taken a giant leap in this direction. This is undoubtedly one of the best practices our college takes pride in.

**The Practice:** A feasibility study was conducted to select suitable catchment areas, design the appropriate filtration and storage systems, and efforts are made to maintain the system regularly to ensure optimal performance. Experts were consulted to set up and maintain rainwater harvesting systems on the campus for sustainable water conservation practices.

**Evidence of Success:** It allows for the collection and storage of rainwater for later use, reducing the demand for potable water and easing the strain on water resources on the college campus.

**Problems Encountered and Resources Required:** The only complication was selecting the appropriate location and size of the rainwater harvesting system to be constructed. But, after consulting the relevant experts, the setup was prepared with optimum care and precision. The resources required were permits and approvals from State Government, budget and funding, expert consultation, feasibility study, suitable catchment areas, pipes, pumps, fittings, filtration and storage systems, and regular maintenance and cleaning.

**Notes:** Rainwater harvesting is one of the best practices for conserving water and promoting sustainability. Consistent with the efforts to save water, the college got its own submersible pump through RUSA Grant which was inaugurated by the principal on 24-11-2022.

### **Best Practice No. 2**

**Title:** Upliftment and Empowerment of Girl Students

**Objective:** To promote gender equality, provide equal opportunities for education and employment, develop leadership skills, and create a safe and supportive learning environment.

**The Context:** The college creates a safe and inclusive environment that provides protection against gender-based violence. It is ascertained that equal access is provided to resources, such

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as academic, financial aid, scholarships and career counselling, that can help female students succeed.

**The Practice:** Red Cross and Red Ribbon Club have installed sanitary napkins vending machines in girls' washrooms. An awareness lecture was delivered on the topic 'Say NO to CERVICAL CANCER with HPV Vaccination' by Dr Japleen Kaur, Assistant Professor, Dr B.R. Ambedkar State Institute of Medical Sciences, Mohali on 28-04-2023. There was a lack of awareness among many girls about this type of cancer and the fact that it can be prevented. This motivated the girls to get vaccinated and educate their female acquaintances about the prevention method. A self-defence workshop for girls was organised on 12-05-2023 and the resource person was B.S. Handa, Fitness Expert, Martial Arts and Yoga Trainer. Girls were taught how to use daily-use items like purses, sunglasses, phones, etc. as weapons for self-defence, how and where to punch and to always keep the emergency numbers app downloaded on mobile.

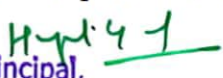
**Evidence of Success:** Female attendees of the lecture and workshop were empowered to exude confidence and fearlessness. The girl students developed self-confidence, physical strength, and a sense of empowerment. Moreover, the girl students established a greater understanding of personal hygiene, health, and well-being.

**Problems Encountered and Resources Required:** The diversity of needs among different groups of women can make it challenging to design programs that appeal to all participants. The resources required include funding, infrastructure such as classrooms or meeting spaces, equipment and materials such as computers or books, trained staff or volunteers, and partnerships or consulting/inviting experts, other organizations or community groups. Additionally, effective planning and coordination, clear communication, and ongoing evaluation and monitoring are also mandatory to ensure the success of such initiatives.

**Notes:** The general idea behind organizing activities for girls' upliftment and empowerment is to promote gender equality, provide opportunities for personal and professional development, and create a safe and supportive environment for girls to learn and grow. This is achieved through organizing various activities such as workshops, lectures, panel discussions, mentoring programs, leadership training, and community outreach programs. Such activities help girls to build their confidence, develop their skills, and expand their knowledge, which enables them to become self-sufficient and contribute positively to society. In turn, this can help to create a more equitable and inclusive society and empower girls to reach their full potential.

### PHOTOGRAPHS OF BEST PRACTICES

The college believes that best practices are the cornerstone of excellence in higher education. By adopting a multi-dimensional approach that integrates pedagogy, technology, innovation, and sustainability, the college has created an educational ecosystem that fosters personal and

  
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academic growth, preparing its students for successful careers and meaningful lives. Our college has taken a proactive approach to facilitate an environment of continuous learning and growth by implementing a wide variety of best practices across various disciplines.

### **Best Practice No. 1: Rainwater Harvesting System**



(Rainwater Harvesting System being constructed)

One of the biggest initiatives undertaken by the college is the adoption of rainwater harvesting systems. With the growing concern for the scarcity of water resources, the college has recognized the importance of sustainable water management. The installation of rainwater harvesting systems can help the college save water, reduce flooding, and promote groundwater recharge. The system collects rainwater runoff from rooftops and directs it to a storage tank. The stored water can then be used for various purposes such as gardening, cleaning, and flushing toilets, reducing the dependency on the municipal water supply. The college's commitment to sustainability and environmental responsibility is reflected in this initiative, and it will be instrumental in promoting a water-secure future. In continuity of the water-saving practices, a submersible pump has also been installed in the college. Submersible pumps can deliver water directly to where it is needed, increasing the efficiency and reducing the amount of water wasted. They can be used to collect rainwater, which can then be used for various purposes such as watering the plants, reducing the reliance on mains water. Submersible pumps can aid in groundwater management by extracting water from wells and boreholes, allowing

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for sustainable use of groundwater resources. These pumps can detect leaks in water supply systems early, helping to prevent water loss and damage to infrastructure.



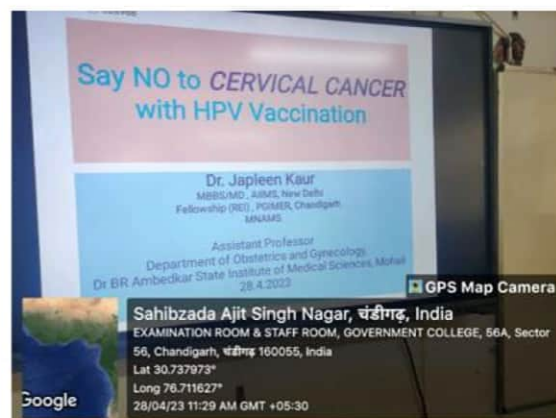
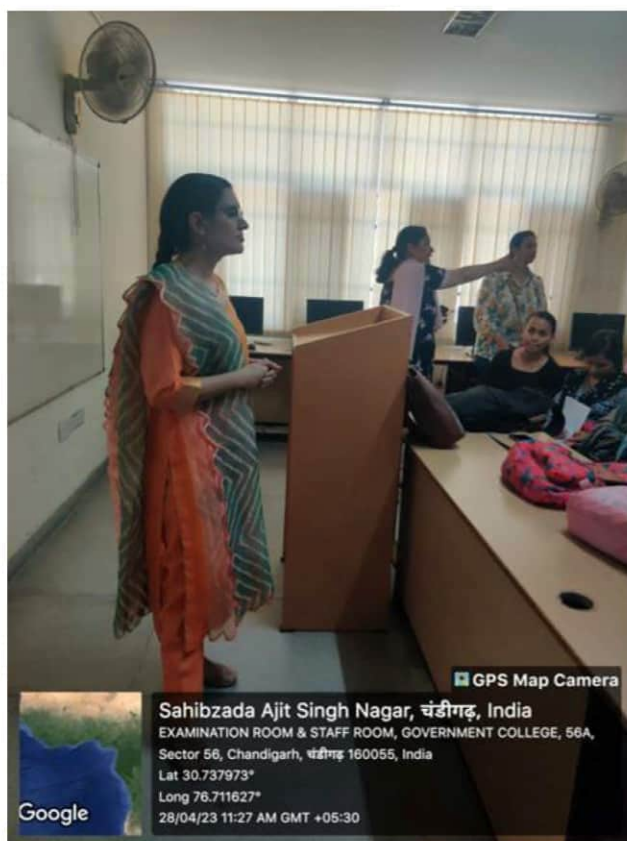
(Fully Functional Rainwater Harvesting System)

*May 19 2023*  
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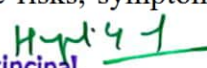


This Rainwater Harvesting System was installed through the funds allocated under the RUSA (Rashtriya Uchchar Shiksha Abhiyan) Grant. RUSA grants provided to colleges have been instrumental in promoting educational access and supporting student success. These grants have enabled colleges to expand their capacity, invest in new technology, improve infrastructure, and increase the quality and variety of educational programs.

## Best Practice No. 2: Upliftment and Empowerment of Girl Students



- The college's initiative to organize a lecture on cervix cancer for girls is motivated by the need to promote awareness and education about this serious health issue. Cervical cancer is a common form of cancer that affects women worldwide, and early detection and prevention are crucial. As of 2020, cervical cancer is the fourth most common cancer affecting women globally, with an estimated 604,000 new cases and 341,000 deaths worldwide. In India, cervical cancer is the second most common cancer affecting women, with an estimated 96,000 new cases and 60,000 deaths annually. According to the National Cancer Registry Programme, cervical cancer accounts for around 7.9 % of all female cancer cases in India. By organizing a lecture focused on cervix cancer, the college aims to empower and inform its female students about the risks, symptoms,

  
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prevention, and available treatments for this cancer. The lecture is also an opportunity for the students to learn about healthy lifestyle choices and recommended screenings to promote long-term health and wellness. The college's efforts to promote education and awareness about cervix cancer demonstrate a commitment to the overall well-being and success of its students.

- There are several ways to prevent and treat cervical cancer. Primary prevention measures include getting vaccinated against human papillomavirus (HPV), which is a leading cause of cervical cancer. Secondary prevention measures include regular screening tests such as Pap tests that can detect precancerous changes in the cervix that can be treated before they develop into cancer. In cases where cervical cancer is diagnosed, treatment options may include surgery, radiation therapy, or chemotherapy. With early detection and appropriate treatment, the prognosis for cervical cancer is generally positive, and many women are able to recover fully and live healthy, productive lives. Overall, prevention and early detection are key to reducing the impact of cervical cancer on women's health.



- A lecture on 'HIV-AIDS & Self-Hygiene' was delivered by a team from Government Hospital, Phase-6, Mohali on December 01, 2022 on the occasion of World AIDS Day. Having knowledge of HIV-AIDS and personal hygiene is of utmost importance for female students. This knowledge can greatly contribute towards the overall health and well-being of the students, as well as reduce the risk of contracting infections and diseases. In particular, basic knowledge about menstrual hygiene can help female students manage their periods effectively, reduce the risk of infections, and maintain

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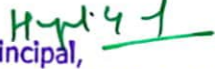
good personal hygiene. Additionally, with the right knowledge and education, female students can also be better equipped to protect themselves from HIV and other sexually transmitted infections. Therefore, it is important to provide comprehensive education and awareness programs on these topics to female students to promote their overall health and well-being during their academic years and beyond.



- Organizing Taekwondo and self-defence workshops for girls in college is of great importance as it helps them become more equipped to handle challenging situations and protect themselves. These workshops help impart crucial self-defence techniques, which can not only help keep the girls safe but can also boost their confidence and self-esteem.
- Learning self-defence can also be empowering for girls, providing them with the necessary skills and knowledge to defend themselves and others effectively. Such workshops can also raise awareness about the importance of personal safety and the role that individuals can play in preventing incidents of violence and harassment.

India's G20 initiative is focused on promoting gender equality and women's economic empowerment among partner countries. The government is committed to promoting gender equality through various initiatives and policies, aimed at enhancing women's participation in the workforce and supporting women-led development. Additionally, there are several organizations and alliances, such as the G20 EMPOWER group, that are working towards accelerating women's leadership and empowerment in various sectors. The importance of women's empowerment and gender equality is enshrined in the Indian Constitution, and the government continues to prioritize these aspects to promote a more inclusive and equitable society. Various efforts are being made under the G20 initiative to promote gender equality and empower women through education and various activities. The college focusses on the promotion of gender neutrality, and inclusivity is a crucial aspect of creating a safe and welcoming environment for all students, regardless of their gender identity.

- The college has Girls' Common Room equipped with sanitary napkins vending machine. Moreover, the girl washrooms are also equipped with these vending machines.
- The college also has a Girls' Hostel, which is a remarkable step taken towards inviting and retaining girl students from other towns and rural areas, so that they don't have to spend excessive time travelling from their distant hometowns and making daily commutes.

  
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ਸ਼ਹੀਦ ਮੇਜਰ ਹਰਮਿੰਦਰਪਾਲ ਸਿੰਘ (ਸ਼ੈ.ਚੈ.ਵਿ.) ਸਰਕਾਰੀ ਕਾਲਜ, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ।  
 SHAHEED MAJOR HARMINDERPAL SINGH (S.C.V.) GOVERNMENT COLLEGE, SAHIBZADA AJIT SINGH NAGAR

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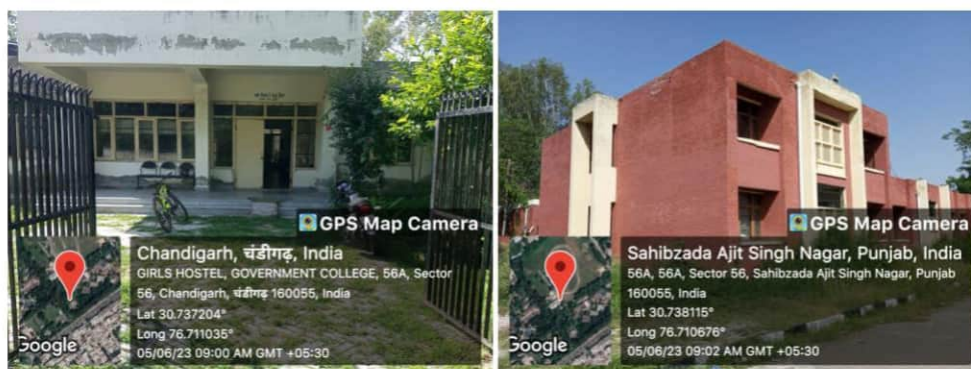
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- Tutorial groups have been made where students are counselled and all their queries are addressed.
- Counselling and Career Guidance Cell also operates on its full capacity to guide and support students in making informed decisions regarding their career paths, including information about job opportunities, internships, and further studies.
- Additionally, Teej festival on the theme 'Dheeyan di Teej' ('Teej of Daughters') was celebrated. A newly born girl child 'Sri' was the highlight of the Lohri festival celebrated in the college.



(Girls' Common Room and Sanitary Napkins Vending Machine)



(Girls' and Boys' Hostel)



(Counselling Session for Students by Counselling and Career Guidance Cell)

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(‘Dheeyan di Teej’ and First Lohri Celebration of Girl Child)

### Other Best Practices

Encourage students to engage in community service and volunteer work, as this helps to build a sense of social responsibility and empathy for others. Fateh group – students of our college set up free-meal stalls for the local population and the needy.



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